



MONTHLY NEWSLETTER FEBRUARY 2024 | Vol. XXVI



VISION

“A literate, healthy and self-reliant Community”

MISSION

- *Identify and work with socially and economically backward people, especially girls and differently-abled;**
- *Enhance people’s skills, especially of the youth;**
- *Promote community self-reliance through community participation.**

ABOUT NIPUN

“NIPUN” - a Hindi word, meaning ‘one who is skilled’ - is a Non Government Organization founded by a group of socially conscious development workers in 2005.

Its primary aim is to enhance quality of life of the poor and the vulnerable children, youth and women are its target group, with physically and mentally challenged children and adult forming a priority category. Pre, Non-formal and Remedial Schools, Community Health Programmes and Promotion of Self Help Groups form its major strategies.

- Empanelled by National CSR Hubs of TISS**
- Empanelled by Institute of Corporate Affairs**
- Registered for undertaking CSR activities, Ministry of Corporate Affairs, Govt. of India (Reg no. CSR00004761)**

SUPPORT

You can join our efforts by contributing your time, skills or money for strengthening and improving our programmes. You can also donate computers, books, toys, medicines, ration, furniture etc. for our various programmes. Please note that donations made to NIPUN are eligible for 50% tax exemption under Sec 80G of the IT Act.

HIGHLIGHTS

Awareness Session on the POCSO Act & Screening of 'Komal: Child Sexual Abuse' Film



A session was recently conducted to raise awareness about the POCSO (Protection of Children from Sexual Offences) Act, featuring the screening of the short film "Komal: Child Sexual Abuse."

An awareness program was also organized for mothers within the community. It is anticipated that the film screening will help sensitize the community to the POCSO Act and enhance their understanding of the subject matter.

Support
Cancer
Awareness

World Cancer Day 2024



The theme for this year *"Together, we challenge those in power,"* resonates the global call for leaders to prioritise and invest in cancer prevention and care, aiming for a world that is equitable and free from the burden of cancer. In observance of World Cancer Day, NIPUN organized a comprehensive array of awareness initiatives on February 4, 2024, spanning all project locations.

Among the key activities, a Cancer Screening camp was prominently featured, specifically catering to adolescent girls and women within the community. The focus of the screening included prevalent cancers such as Breast Cancer and Cervical Cancer, underscoring the importance of early detection and preventive measures.

Through these concerted efforts, NIPUN aims to not only raise awareness about the criticality of cancer prevention but also to empower individuals with the knowledge and resources necessary to combat this formidable disease.

By fostering proactive engagement and promoting access to essential healthcare services, we contribute to the collective endeavor of building a healthier, cancer-free world.



HIGHLIGHTS

Distribution of Blankets to Needy Individuals in Slums & JJ Clusters

In response to the chilling cold wave affecting vulnerable communities, NIPUN initiated a distribution drive for blankets, specifically targeting individuals in slums and JJ (Jhuggi Jhopri) clusters. The primary objective was to provide warmth and protection, particularly to senior citizens who are more susceptible to the harsh weather conditions. NIPUN effectively executed the distribution drive, with blankets being resourced through generous donations from well-wishers. The identification of beneficiaries was meticulously conducted through surveys and engagement with community leaders, ensuring that the blankets reached those most in need, especially senior citizens and families with young children.

This initiative significantly enhanced the well-being of the beneficiaries, offering them warmth and comfort during the winter season. Furthermore, it fostered a sense of community solidarity and support, reinforcing the importance of collective efforts in addressing the needs of vulnerable populations.



Empowering the Future: Routine Primary Immunization Drive

NIPUN is running a Day Care Centre in NOIDA & Greater Noida, designed to nurture the holistic development of children from hard working construction worker families. As part of our commitment to their well-being, we prioritize ensuring that every child, from birth to five years old, receives essential immunizations at the nearby Public Health Center.

Additionally, we dispel myths and address doubts about immunization through personalized counseling sessions. By offering individualized guidance, we empower families with accurate information, ensuring they make informed decisions about their children's health.



In this heartwarming snapshot, witness our recent Immunization Drive in action! With smiles and care, we ensure that each child receives the protection they need according to their age. Together, we're building a healthier and brighter future for every child in our care.



Mothers' Group Sensitization Programme on POSHAN

NIPUN Supplementary Nutrition Project: Advocating for Nutritious Food to Enhance Children's Health and Foster Healthy Eating Habits.

As part of our initiative, our committed educators have engaged and sensitised mothers to incorporate green vegetables, pulses, milk, and bread into their children's diets regularly. We emphasize the significance of a balanced diet for both physical and mental growth. Furthermore, we emphasized the pivotal role of mothers in ensuring proper nutrition during early childhood, recognizing the grave consequences of malnutrition.

Let's unite to empower children and prioritize their health through informed food choices. Join us in celebrating the impact of nutritious food education! Together, we can forge a brighter, healthier future for our children.



Growth Monitoring and Health Checkup Camp organized by NIPUN for Children of Construction Workers

NIPUN recently organized a growth monitoring and health checkup camp for the children of construction workers in Noida & Greater Noida, Uttar Pradesh. These children, beneficiaries of our day-care facilities, come from families engaged in construction work, often lacking access to regular healthcare services. The camp aimed to bridge this gap by providing vital medical attention and monitoring their growth.

In collaboration with healthcare professionals, comprehensive checkups were conducted, measuring height, weight, vital signs, and administering primary immunizations. A total of 123 children, aged from birth to 12 years, benefited from the camp.

Among them, 21 children were identified as malnourished, with their parents informed about the need for special dietary attention.

This initiative not only provided essential healthcare services but also raised awareness about the importance of regular medical checkups among the children and their families. Through such endeavors, NIPUN reaffirms its commitment to promoting the health and well-being of all children, regardless of their backgrounds or circumstances.



Inter-Agency Sports and Cultural Meet 2024 at Jamia Millia Islamiya, New Delhi

NIPUN's bridge course children, under its Shiksha Saheli project, participated in the Inter Agency Sports and Cultural Meet 2024 held on February 11th, 2024, at Jamia Sr. Secondary School, New Delhi. Organized by the Department of Social Work, Jamia Millia Islamia, the event aimed to celebrate the talents of underprivileged children.

The day began at 8:00 a.m. with an enthusiastic atmosphere as children from various schools gathered to showcase their skills and camaraderie. The event, aligned with Late Dr. Zakir Hussain's vision, emphasized extending education beyond university walls and promoting holistic development among children.

Activities throughout the day included various sports and cultural events, fostering teamwork, sportsmanship, and creativity. Children participated in friendly competitions such as sack races and traditional games, displaying their athleticism and spirit. Moreover, the cultural segment highlighted the diverse talents of the children, including a welcome song performance by our students.

The vibrant displays of creativity and expression underscored the rich cultural heritage and artistic abilities within the community. As the event concluded at 6:00 p.m., the Inter Agency Sports and Cultural Meet 2024 left a lasting impact on all involved. We proudly announced that Khushi, a student of NIPUN, won the 3rd prize in the Sack Race and was honored by the Chief Guest of the day.

The event exemplified the power of community engagement and collective effort in nurturing the potential of underprivileged children and creating opportunities for their holistic development.



NATIONAL SCIENCE DAY

National Science Day 2024

National Science Day is celebrated in India on February 28 each year, commemorating the discovery of the Raman effect by Indian physicist Sir C. V. Raman on February 28, 1928. The theme for National Science Day 2024 is "Indigenous Technologies for Viksit Bharat."

Students from NIPUN's Remedial Education Centres joyously marked National Science Day 2024. The primary goal of these centres is to instill a scientific attitude and research-mindedness, nurturing students' curiosity in science and technology.

In the classrooms, students showcased static and working models specifically designed to teach scientific concepts, catering to students from class V to VIII. Their presentations covered a range of topics, including the Solar System, Parts of Plants, Plant Growth, Water Cycle, Solar Eclipse, Lunar Eclipse, and Speed Brake System.



HIGHLIGHTS

Efforts of the 'Saathi Samooh' for Community Engagement at NIPUN Day Care Centers

A group called 'Saathi Samooh', consisting of 4-5 community members, has been established by NIPUN at the Day Care Centers in Noida & Greater Noida.

The primary objective of forming this Saathi Samooh is to inspire mothers and other community members about NIPUN Day Care center and the secure environment it provides for children, along with other benefits it offers. Through sensitizing the community and raising awareness on child safety, various labor act schemes, the process of mainstreaming children into nearby Government schools, and providing free and compulsory immunization for children aged from birth to 6 years, this group aims to promote the well-being of children. These meetings are held bi-weekly and have shown a positive impact on the project's implementation.



HIGHLIGHTS



Distribution of Clothes to the Needy

NIPUN team extended support by providing clothes to children, women, and elderly individuals in the slum communities, catering to their specific needs.

We encourage all of you to contribute by donating your old clothes to those in need.

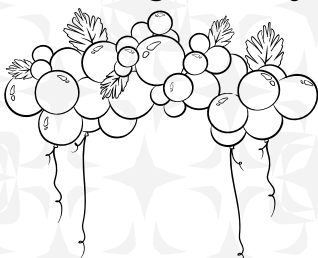


Celebrations at NIPUN

Join us in a heartwarming tradition where we honour the birthdays of all children of our Day Care Centre by cutting cakes (Pudding prepared in the centre and shape given as a birthday cake) and sharing gifts.

We invite you to celebrate your special day with these wonderful children, who are the sons and daughters of our hard working construction workers.

Let's make their birthdays even brighter with your presence and generosity.



EYE CHECK UP

Free Eye Check-up Camp

NIPUN's Swavlamban Clinic successfully hosted a Free Eye Check-up Camp on February 18, 2024, in collaboration with Mahaveer International Delhi & SSS Foundation. The event, held at Kapashera in the South West District of New Delhi, aimed to deliver comprehensive eye care services to the community. The three-stage eye check-up process focused on identifying individuals with weakened eyesight. Specially tailored spectacles were provided to senior citizens, women, and children in need of vision correction.

A total of 216 beneficiaries registered for the camp, undergoing thorough screening for various eye ailments. Nine individuals were referred for further examination related to cataract operations, while 81 beneficiaries received complimentary spectacles. During the eye screening and clinical examination, 29 patients with high blood pressure, blood sugar, and heart issues underwent immediate electrocardiography (ECG) tests. They were subsequently referred to hospitals for diagnosis and treatment. The camp also featured individual counseling sessions to raise awareness about eye disorders, the significance of early detection, and the identification of refractive errors and eye ailments among underprivileged individuals.

The Eye Check-up Camp proved highly beneficial, providing valuable insights into eye health for many individuals. NIPUN's timely intervention not only helped enhance focus and productivity but also played a crucial role in preventing the further deterioration of eyesight among senior citizens. Education on reducing the risk of conjunctivitis transmission was also a focus during the eye camp. NIPUN's caregivers emphasized the imperative nature of maintaining good hygiene practices among community members. In summary, the Free Eye Check-up Camp was a resounding success, delivering much-needed support to the community and contributing to the overall well-being of its members.

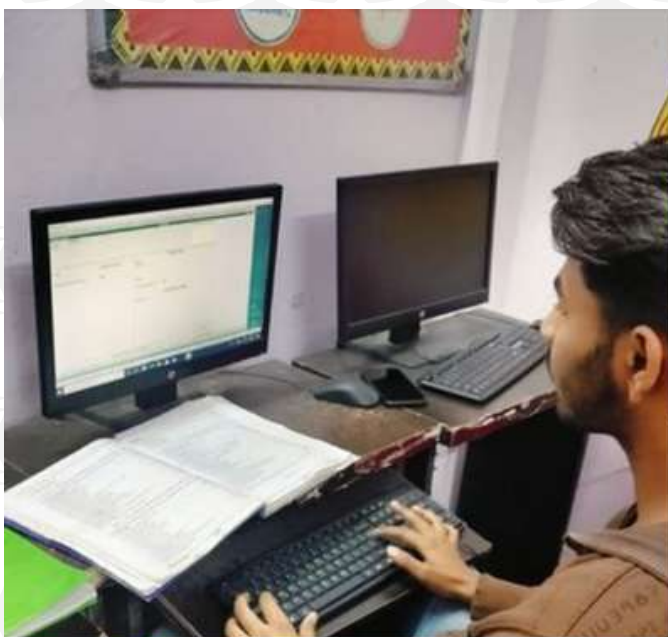


VOCATIONAL EDUCATION

Empowering Young Minds: NIPUN's Vocational Unit

NIPUN's Vocational Unit serves as a beacon of hope for disadvantaged youth aged 18 to 28. Our mission is crystal clear: to foster entrepreneurial skills that not only boost earning potential but also open doors to various business models and job opportunities.

From Computer Training to Beauty and Wellness, Self-Employed Tailoring to Tally & Basic Accounting, we offer comprehensive training that goes beyond skills—it's about empowerment. Through this journey, we're shaping futures and turning aspirations into concrete achievements. NIPUN's Vocational Unit transcends traditional education; it acts as a catalyst for self-reliance. We empower today's youth to forge their own paths, shape their destinies, and improve their livelihoods. Till date, we've empowered over 5000 underprivileged and unskilled youth. Join us in this transformative journey by reaching out to us at info.nipun@gmail.com. Together, we're laying the groundwork for independence and brighter futures.



HIGHLIGHTS



Empowering Girls: Sanitary Pad Distribution

NIPUN has recently distributed 600 sanitary pads to over 300 adolescent girls as part of NIPUN's Vocational Unit and Empowering Girl Child project.

We extend our heartfelt thanks to Indirapuram Public School, our well-wishers and donors for their generous contributions to NIPUN, which have greatly aided in uplifting the underprivileged.



Interaction with Amity University Students:

The students of Amity University, Noida visited NIPUN and interacted with our children. During their visit, they conducted Art & Craft activities with our children.



HIGHLIGHTS

Awareness Program on Personal Health and Hygiene

NIPUN recently conducted a series of awareness programmes at its Day Care Center in Noida & Greater Noida, focusing on personal health and hygiene practices for children. The programme aimed to educate parents who are construction workers on the significance of maintaining cleanliness and adopting healthy habits to ensure the well-being of their children. Throughout the session, parents were enlightened on various aspects of personal hygiene, including bathing regularly, wearing clean clothes, combing hair, keeping nails clean and short, and the importance of hand washing. Additionally, a comprehensive understanding of personal health and hygiene practices, focusing on dental care, proper nutrition, and hydration, was provided to empower parents with essential knowledge for their children's health.



The awareness programs received positive feedback from parents, who expressed gratitude for the valuable insights gained. NIPUN remains committed to promoting a healthy environment and empowering parents to prioritize personal health and hygiene for their children's holistic development.

Legal Aid Help Desk for Women: Promoting Awareness

NIPUN has successfully concluded a week-long awareness programme from February 23rd to February 29th, 2024, focusing on free and competent legal aid and assistance as outlined in the Legal Services Authorities Act of 1987.

With the gracious support of the West District Legal Services Authority, operating under the Administrative Control of the High Court of Delhi, the program aimed to empower women with legal knowledge and support.

We are delighted to share that over 102 community women benefited from the program, finding resolutions to their legal queries through the help desk. This initiative underscores our commitment to ensuring access to justice and empowering women with the necessary resources to navigate legal challenges.

Thank you to all who contributed to the success of this important program. Together, we continue to advocate for the rights and well-being of women in our community.



Spreading Joy to Underprivileged Children

We proudly presented Certificate of Completion to Mr. Arpit Tayal, Mr. Kshitiz Aggarwal, and Mr. Shitij Sharma from Narsee Monjee Institute of Management Studies (NMIMS), School of Business Management, Mumbai, for successfully completing a 30-day internship with NIPUN. We extend our heartfelt gratitude to them for their time and support to NIPUN.

In addition to their invaluable contributions, they also distributed pencils, colors, crayons, notebooks, and more to 200 underprivileged children attending NIPUN's Pre-School, Remedial Education, and Bridge Course centers at Meera Bagh.

Their efforts have not only enriched the lives of these children but have also brought smiles to their faces. We are deeply thankful for their dedication and commitment to our cause. Together, we continue to make a positive difference in the lives of our community's children.



APPEAL

NIPUN continues its efforts to achieve its vision i.e. literate, healthy and self-reliant Community through its various programmes. Your support shall strengthen the drive.

You can join our efforts by contributing your time, skills or money for strengthening and improving our programmes.

You can also donate computers, books, toys, medicines, ration, furniture etc. for our various programmes. Please note that donations made to NIPUN are eligible for 50% tax exemption under Sec 80G of the IT Act.



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